

# M STATION

THE HIGH PERFORMANCE FOOTBALL REBOUNDER



- Rugged rebounder used at all levels from youth and grass roots to elite professionals
- Extends talent development & training possibilities to enhance skill levels
- Allows solo practise and m-trainer iPhone app allows the measurement of progression in training

*"A marvellous piece of equipment"*  
Carl Laraman, Arsenal FC Academy Coach.

*"This is the most perfect training tool in all aspects."*  
Gianluca Angelucci, AC Milan Junior Camp Coach.

**m-trainer**

Your personal football trainer. Track your technical performance. Passes, dribbles and first touches. Share your results on Facebook and compare with your friends. m-trainer works with m-station TALENT.

Passes	Dribbles	First Touch
286	10	99
Duration: 2:37	Duration: 00:47:89	Touch Score: 99

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YouTube

Regular Snip

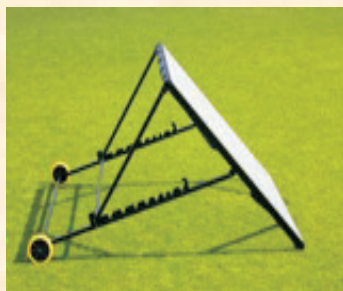
A group of football players in red kits practicing with the m-station rebounder on a grass field. The players are gathered around the rebounder, some are kicking the ball towards the net. A coach or adult is also visible, interacting with the players.

# About the m-station high performance football rebounder

## Benefits:

### More than just a rebounder:

- **m-station** is the largest, most powerful and most versatile rebounder in the world. It can create all kinds of passes and so it enables players to practise all technical elements of football repetitively.
- What creates a good rebounder is the rebound speed, surface size, quality and opportunity to angle the rebounder according to what is being trained.
- **Munin** have created the **m-station** rebounders to fulfil these needs— the first high quality and high-performance rebounders on the market.
- The **m-station** can be used for team practise as well as solo practise.
- Studies show that when players use **m-station** in training they become more responsible for their own technical development.
- Training is more effective and fun with the ball at the players feet.



10 different angle settings



- Ten different inclination settings on the **m-station** are easy to adjust. They determine the curve of the ball allowing **realistic** practise of different forms of first touch, passes, chest control, heading, etc.
- **m-station** is currently being used by players from the Premier League to children from 7 years old in amateur clubs.

## Specifications:

- **m-station PRO** has the largest football rebound surface area on the market at 2.7metres x 2.7metres.
- Specially developed string generates a maximum rebound. Less than 5% loss of speed. Feeds the player with realistic passes.
- Suitable for all levels from grass roots to professional clubs for training, skills development, rehab, etc.
- **m-station PRO** prices from £1,875.00 plus shipping & VAT.
- **m-station TALENT** is now available with rebound surface area of 1.45metres X 1.45metres.
- Suitable for home use, schools, etc.
- Fun and inclusive sport and exercise routines.
- m-trainer iPhone app allows strike rate and other performance measures to be recorded, displayed, compared and shared, and measure progression etc.
- **m-station TALENT** prices from £435.00 plus shipping & VAT.

Munin Sports **m-station** football rebounder is a high-quality product, manufactured in Denmark and made with stainless steel and light-weight aluminium. It has been tried and tested at all levels from young children to national coaching associations.

**m-station** videos can be seen at:

<http://www.staplethorne.co.uk/mstation.html>

**Staplethorne Ltd** is a specialist technology company, also working with companies in the fields of EEG mental-state monitoring and eye-tracking for sports coaching, research, etc. We collaborate with sporting associations, university research groups, coaches, athletes, etc.

For more information on the Munin **m-station** football rebounder or on Staplethorne Ltd, please contact:

Dr Keith Barfoot CPhys MInstP  
Managing Director  
**Staplethorne Ltd**  
2 Devonshire Court, Heathpark  
Honiton, Devon, EX14 1SB, UK

**Staplethorne Ltd**  
E-mail: [Crystal@staplethorne.co.uk](mailto:Crystal@staplethorne.co.uk)  
Phone: + 44 (0)1404 42455  
Skype: devonscience  
[www.staplethorne.co.uk](http://www.staplethorne.co.uk)